

Does your dog suffer from noise aversion?

Use this checklist to identify triggers and behaviors.

Noise Triggers

Which of these trigger your dog's behavioral changes?

- | | |
|---------------------------------------|--|
| <input type="checkbox"/> Fireworks | <input type="checkbox"/> Construction Work |
| <input type="checkbox"/> Thunder | <input type="checkbox"/> Traffic or street noise |
| <input type="checkbox"/> Celebrations | <input type="checkbox"/> Other |

Behaviors

Which behaviors happen during noise events?

- | | | |
|---|--|--|
| <input type="checkbox"/> Pacing | <input type="checkbox"/> Excessive vigilance or hypervigilance | <input type="checkbox"/> Owner seeking behavior or abnormal clinginess |
| <input type="checkbox"/> Lip licking | <input type="checkbox"/> Cowering | <input type="checkbox"/> Refuses to eat |
| <input type="checkbox"/> Trembling or shaking | <input type="checkbox"/> Hiding | <input type="checkbox"/> Yawning |
| <input type="checkbox"/> Panting | <input type="checkbox"/> Brow furrowed or ears back | <input type="checkbox"/> Vocalization (whining or barking at the sounds) |
| | <input type="checkbox"/> Freezing or immobility | |

More Information

How often does your dog react to noise triggers?

- Once or twice a year Once or twice a month Weekly Daily

Describe the intensity of your dog's reaction to noise triggers:

- Mild** - Has a minor impact on our dog's quality of life
- Moderate** - Has a modest impact on our dog's quality of life
- Severe** - Has a significant impact on our dog's quality of life

How long does it take for your dog to recover from a reaction to noise triggers?

- Immediately** after the noise trigger stops
- Within an hour** after the noise trigger stops
- Several hours** after the noise trigger stops
- A day or more** after the noise trigger stops

